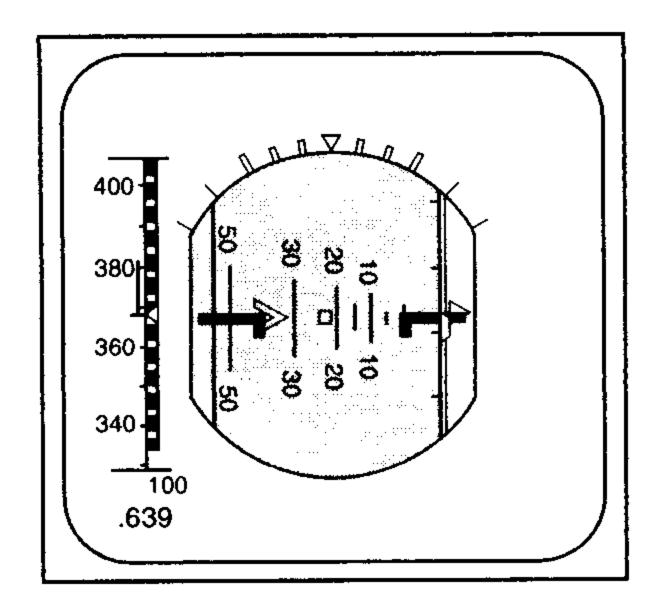
Recognition



- Locate sky pointer.
- Determine pitch attitude.
- Locate horizon line (or use pitch ladder).

NOTE

If roll rate exceeds 45° per second, SGU's will fault and diagonal line will be displayed on both PFDs and both NDs for three seconds.

Procedure

AUTOPILOT / AUTOTHROTTLE...... DISCONNECT

CAUTION

Excessive use of pitch trim or rudder may aggravate an upset / unusual attitude situation or may result in loss of control and / or structural failure.

Nose High

Pilot-Flying	Pilot-Not-Flying
Recognize and confirm the situation.	
 Apply nose-down elevator up to full deflection. Apply nose-down trim as appropriate. Reduce thrust (altitude permitting). Roll to obtain a nose down pitch rate 	 Call out attitude, airspeed, and altitude throughout the recovery. Verify all required actions have been completed and call out any omissions.
(if necessary).	
 Complete the recovery: When approaching the nearest horizon, roll to wings level. Check airspeed and adjust thrust. Establish pitch attitude. 	